## Therapy Matters

## A Workshop Series with Lynn Preston

In this once-a-month series, we will delve into eight pivotal dimensions of generative therapeutic process. These workshops are an interweaving of theoretical exploration and experiential demonstrations. They are designed to be accessible and challenging to both beginning and seasoned clinicians.

## **NEW BEGINNINGS**

Wednesday, January 29th, 7:30-9:30pm

As we settle into 2014, many of us hopefully look to the next season for new beginnings. We consider anew where we have come from and where we want to go. We want to be able to carry ourselves and our work forward.

In this workshop we will look through the lens of focusing at how we can tune into the developmental opportunities of each moment in our lives and in our sessions.

Place: 100 W. Houston Street, between LaGuardia & Thompson Streets

Buzzer #2

Fee: \$40

Sponsored by the EPP Experiential Psychotherapy Project

To register contact Lynn Preston at 212-995-8116 or lynpres@aol.com