

## **THERAPY MATTERS**

A new workshop series with  
LYNN PRESTON, MA, MS, LP

In this once-a-month series we will delve into 8 pivotal dimensions of generative therapeutic process. These workshops are an interweaving of theoretical exploration and experiential demonstrations. They are designed to be accessible and challenging to both beginning and seasoned clinicians.

*You say you're lookin' for someone  
Who's never weak but always strong  
To protect you an' defend you  
Whether you are right or wrong  
Someone to open each and every door  
It ain't me babe. No no no  
It ain't me you're lookin' for babe  
-Bob Dylan, *It Ain't Me, Babe**

### **IT IS ME BABE: STEPPING UP TO THE PLATE OF CO-CREATING A NEW BEGINNING WORKSHOP SIX**

Wednesday, May 29th, 7:30 - 9:15pm  
*Lynn Preston assisted by Robin Kappy*

The therapy relationship offers a unique invitation to people to bring their early primary emotional needs, and embodies the hope that these needs will in some way be engaged. How can we ordinary, vulnerable, all-too-human therapists navigate such a profound transformational process? How can we be both genuinely ourselves and more than ourselves?

In this workshop we will look at some of the vehicles of empowerment and the awesome challenges inherent in taking up the job that Bob Dylan so emphatically refuses.

**PLACE:** 100 West Houston Street, between LaGuardia & Thompson Streets,  
Buzzer #2

**FEE:** \$40

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Co-sponsored by  
Focusing-Oriented Relational Psychotherapy (**FORP**) Study Center  
and  
Relational Self Psychology (**RSP**) Study Center

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To register, contact Lynn Preston at  
lynpres@aol.com or 212-995-8116